# Slim & Sassy<sup>®</sup> Metabolic Blend 15 mL

# dōTERRA

#### **PRODUCT INFORMATION PAGE**





**CPTG** Certified Pure Therapeutic Grade<sup>®</sup>

#### **Application:**

#### **Ingredients:**

Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

Aromatic Description:

Warm, spicy, herbal

# **PRIMARY BENEFITS**

- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic stimulant and calorie free

#### Slim & Sassy® Metabolic Blend 15 mL

Part Number: 31370001 Wholesale: \$24,50 Retail: \$32.67 PV: 24.50 \*Also available as a softgel

#### the body while Peppermint, Ginger, and Cinnamon provide a stimulating and positive effect on the

**PRODUCT DESCRIPTION** 

Slim & Sassy, our proprietary metabolic blend, combines powerful essential oils known for their

detoxifying qualities to promote weight loss in a natural and healthy way. The flavorful blend of Slim & Sassy helps manage hunger throughout the day while boosting metabolism and promoting a positive mood. Slim & Sassy contains Grapefruit and Lemon, both of which have a high limonene content to help purify and cleanse

endocrine system to assist with weight loss. When taken with a healthy eating and exercise plan, Slim & Sassy Metabolic Blend can help you reach your weight loss goal and maintain a healthy weight for life.

#### **USES**

- Add to water or tea and drink before working out for a revitalizing energy boost.
- Consume before meals to help control appetite and overeating.
- Apply to the back of thighs, abdomen, and other problem areas to reduce the appearance of cellulite.
- Add a few drops to Slim & Sassy TrimShake or V Shake.

# **DIRECTIONS FOR USE**

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid. Topical use: Apply one to two drops to desired area. Dilute with doTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

# CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

